

**2013 Outdoor Season:**

NCAA Div II 800m All-American (Fourth)  
GNAC 1,500m Runner-Up

**2013 Indoor Season:**

NCAA Div II 800m All-American (Eighth)  
NCAA Div II Distance Medley Relay All-American (Third)  
GNAC Mile Champion  
GNAC Distance Medley Relay Champion

**2012 Outdoor Season:**

GNAC 1,500m Champion  
GNAC 4x400m Third Place Finisher

**2011 Outdoor Season:**

GNAC 1,500m Third Place Finisher  
Pan American Junior Championship 1,500m Runner-Up

