



Ross Browne is a fourth year student at Trinity Western University. After a hot start to his senior year in high school, winning both the BC Christian Schools and the Surrey Championships in the 400m, he tragically tore his hamstring the week before the Fraser Valley Championships.

Now Ross spends his time on the other side of the track, coaching Junior Development athletes in the Langley community as well as leading his universities running club.

Highlights for him including winning a gold and a bronze at the 2008 BC Summer games, and watching his teammates go on to win a silver medal in the men's 4x400m at the BC HS Champs.