



I have had a love and passion for Track and Field since the age of 8. I have competed at the Junior and Senior Canadian National Championships as a member of the Vancouver Thunderbirds Track Club in the 100, 200 and 400 meters. I ran for the University of British Columbia's Varsity Track and Field Team from 2008 until I graduated in May 2013. While on the UBC track team, I participated at the National Association of Intercollegiate Athletics in the 4x100m relay and was selected as a Captain in my final year. I am currently a member of the Vancouver Thunderbirds Track Club in their Post-Collegiate training group and hope to compete at the Canadian National Championships this summer in Moncton, New Brunswick.