

BIO

DIANE CLEMENT

Diane Clement was born in Moncton, New Brunswick on September 27th 1936. Growing up, she was an all-round athlete at Moncton High School and ran for the Moncton Olympic Track Club. At the 1954 Canadian Olympic Training Programme in Toronto, she successfully broke both Canadian records in the 100 and 220 yard dash. By 1956, she was a sprinter on Canada's track team for the Olympic Games in Melbourne, Australia. Diane competed in the 100 and 220 yard dash, and 440 yards relay.

Diane became the first New Brunswick man or women athlete to compete in the summer or Winter Olympics. Diane's athletic career continued to flourish once she moved to Vancouver in 1957 to train for the Commonwealth Games. In 1958, she participated in the Cardiff, Wales Commonwealth Games and was awarded a bronze medal for the 440 yards Relay. In 1959 she became the first woman to coach the University of British Columbia's women's track team, a remarkable step forward for women in the sport system.

Diane has been involved in five other Summer Olympics, taking on a variety of roles that include sprinter, team manager and media liaison. She became the president of Athletics Canada from 1973 to 1976 and she also became the Host Country President for the 1976 Summer Games in Montreal. Her position as a media liaison from 1982-1988 for Athletics Canada has enabled her to be involved in two Olympics, two World Champions and one Commonwealth Games. In addition, she was the technical representative for the International Association of Athletics Federations (IAAF).

Diane's presence in the sport world is very influential, as she has served on the board of directors for many organizations including Sport BC, the Bid Committee 2010 Winter Games, BC Sports Hall of Fame and the Achilles International Track and Field Society. With her husband, Doug, she was the co-founder of the Richmond Kajaks Track and Field Club, one of the strongest track and field clubs in Canada. A significant contribution to the City of Vancouver is when she co-founded the Vancouver Sun Run with Doug and the Achilles International Track and Field Society, which is now one of the top 10K Road Races in the world.

Diane is also recognized as a very accomplished chef and cookbook author. She was the co-founder/co-owner/chef of the Tomato Fresh Food Café with her daughter Jennifer in Vancouver and was the former host of Global TV's "Saturday's Chefs". Diane's eight Canadian bestselling, '*Chef on the Run*' cookbook series is an example of her passion for spreading her knowledge of healthy eating and exercise to the community. Her most recent book release is titled, *Start Fresh! Your Complete Guide to Midlifestyle Food and Fitness*, with Chef and Doctor On The Run, Diane and Dr. Doug Clement.

Diane is a passionate, active contributor to her community, a leader in sport and recreation, chef and television host. In the past 50 years she has contributed as a coach, manager, official and administrator by assisting athletes to reach top rankings in

both Canada and at the Olympics. She continues to devote her time to the promotion and development across the country and is truly an example of an outstanding mentor and role model for athletes and the community at large.

Accomplishments:

- Author of 8 Canadian best-selling *Chef on the Run* cookbook series
 - City of Richmond recognized the Clements as the founders of the Richmond Kajaks and created Clement Track at Minoru Park
 - Honoured member of New Brunswick Sports Hall of Fame (1979)
 - Honoured member of Moncton Sports Wall of Fame (1986)
 - Nominee BC Entrepreneur of the Year Award (1996 and 1997)
 - Received Queen Jubilee medal 2002 for contribution to fitness and sport
 - Received with husband the International Lions Medal of Merit for lifetime contribution to sport and healthy lifestyle (May 2010)
 - Past president and founding member of Les Dames d'Escoffier International, BC chapter
 - Co-founder of Vancouver Sun Run
 - *Sports Management*
 - Media Liaison – Athletics Canada 1982-1988: Including 2 Olympics, 2 World championships and 1 Commonwealth Games
 - IAAF Technical Representative for International Competitions: 1992-1994
 - Media Co-ordinator- Achilles International Track Society for:
The Harry Jerome Track Classic and the Vancouver Sun Run
 - National Advisory Sports Committee – the Air Canada Sports Awards
 - Board of Directors: B.C. Sports Hall of Fame
 - Board of Directors: Achilles International Track Society
 - Board of Directors: Sport B.C.
 - Co- Mayor with Dr. Doug Clement Athletes Village– Commonwealth Games, Victoria, B.C. 1994
 - Co-Mayor with Dr. Doug Clement, Paralympics Games Village, Vancouver, 2010
- OTHER:
- Vancouver Playhouse Bacchanalia Dinner Chair
 - Heart and Stroke Foundation Gala Committee Chair, 2010
 - Board of Directors: The Vancouver International Film Festival
 - Restaurateur: Co-founder and owner: Tomato Fresh Food Cafe: 1991-2001,
 - 2010 VANOC Olympic Bid Board of Directors

